



THE WEST PARK ACADEMY

LABOR OMNIA VINCIT

Week Commencing 21/04/2025

Bank Holiday Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
	Cheese & tomato pizza, football potatoes, salad sticks <i>Gluten, Egg</i>	Pasta bake, garlic bread and peas <i>Gluten, Milk</i>	Sausage, sauté potatoes, baked beans <i>Gluten, Soya, Egg</i>	Fish, sweetcorn and chips <i>Gluten, Soya</i>
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>
DESSERT				
	Flapjack <i>Gluten, Milk,</i>	Jelly	Iced shortcake <i>Gluten</i>	Doughnuts and a glass of milk <i>Gluten, Egg, Milk,</i>

Allergens in Red

Fresh fruit and yoghurt available every day



THE WEST PARK ACADEMY

LABOR OMNIA VINCIT

Week Commencing 28/04/2025				
Monday	Tuesday	Wednesday	Thursday School Census Day	Friday
OPTION 1				
Chicken nuggets, football potatoes, corn on the cob <i>Gluten, Milk, Egg</i>	Roast gammon, seasonal vegetables, roast potatoes, Yorkshire pudding and gravy <i>Gluten, Milk, Egg</i>	Pasta Bolognese, garlic bread and peas <i>Gluten, Egg, Milk</i>	Sausage roll, diced potatoes, baked beans <i>Gluten, Egg,</i>	Fish, chips and sweetcorn. <i>Gluten, Soya</i>
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>
OPTION 3				
Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>
DESSERT				
Fudge slice <i>Gluten</i>	Cornflake tart and custard <i>Gluten, Milk, Soya</i>	Cheese and crackers <i>Gluten, Milk,</i>	Ice cream <i>Gluten, Milk</i>	Oatie cookie <i>Gluten</i>

Allergens in Red

Fresh fruit and yoghurt available every day



THE WEST PARK ACADEMY

LABOR OMNIA VINCIT

Week Commencing 05/05/2025				
Bank Holiday Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
	Roast Chicken, stuffing, seasonal vegetables, roast potatoes, and gravy <i>Gluten, Egg, Soya</i>	Lasagne garlic bread peas <i>Gluten, Egg, Milk</i>	Sausage mash potatoes and baked beans <i>Gluten, Egg, Soya, Egg</i>	Fish, chips and sweetcorn. <i>Gluten, Soya</i>
	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>
DESSERT				
	Chocolate shortcake <i>Gluten</i>	Angel delight <i>Soya,</i>	Banana bread <i>Gluten, Eggs</i>	Orange shortbread <i>Gluten</i>

Allergens in Red

Fresh fruit and yoghurt available every day



THE WEST PARK ACADEMY

LABOR OMNIA VINCIT

Week Commencing 12/05/2025				
Monday	Tuesday	Wednesday	Thursday	Friday
	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Chicken burger, football potatoes, salad sticks <i>Gluten, Soya</i>	Roast gammon, seasonal vegetables, roast potatoes, and gravy <i>Gluten, Egg, Soya</i>	Pasta Bake, garlic bread and sweetcorn <i>Gluten, Egg,</i>	Sausage roll, sauté potatoes and baked beans <i>Gluten, Egg,</i>	Fish, chips and sweetcorn. <i>Gluten, Soya</i>
OPTION 2				
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Fish, Mustard</i>
OPTION 3				
Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Egg, Mustard, Fish, Milk, Gluten</i>
DESSERT				
Ginger shortbread <i>Gluten</i>	Marble sponge and custard <i>Gluten, Milk,</i>	Cupcakes <i>Gluten, Egg</i>	Oatie cookie <i>Gluten,</i>	Doughnuts <i>Gluten, Milk,</i>

Allergens in Red

Fresh fruit and yoghurt available every day



THE WEST PARK ACADEMY

LABOR OMNIA VINCIT

Week Commencing 19/05/2025				
Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1				
Cheese and tomato pizza, potato wedges, salad sticks Gluten, Egg,	Roast chicken, seasonal vegetables, roast potatoes, Yorkshire pudding, gravy Gluten, Egg, Soya	Chicken nuggets, sauté potatoes baked beans Gluten, Milk, Soya	Sausage roll, herby diced potatoes, baked beans Gluten, Egg, Milk, Soya	Fish, chips and sweetcorn. Gluten, Soya
OPTION 2				
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Fish, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Fish, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Fish, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Fish, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Fish, Mustard
OPTION 3				
Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Egg, Mustard, Fish, Milk, Gluten	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Egg, Mustard, Fish, Milk, Gluten	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Egg, Mustard, Fish, Milk, Gluten	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Egg, Mustard, Fish, Milk, Gluten	Egg, Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Egg, Mustard, Fish, Milk, Gluten
DESSERT				
Fudge slice and a glass of milk. Gluten, Milk	Bakewell tart and custard Gluten, Milk, Egg, Soya	Cheese and crackers Gluten, Milk, Soya	Chocolate chip tray bake Gluten, Milk, SOya	Ice cream Gluten, Milk,

Fresh fruit and yoghurt available every day